

Middle and High School Menu

All Meals include Milk

Date: Jan 8th-Feb 2nd

| <i>Monday 8th</i> | <i>Tuesday 9th</i> | <i>Wednesday 10th</i> | <i>Thursday 11th</i> | <i>Friday 12th</i> |
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| <p><u>Breakfast</u> Breakfast Pizza Pineapple & Fruit Juice</p> <p><u>Lunch</u> Cheeseburger or Bosco Sticks</p> <p>Tater Tots, Baked Beans, Apples & Pineapple</p> | <p><u>Breakfast</u> Muffins w/ Cheese Stick Dried Fruit & Fruit Cup</p> <p><u>Lunch</u> Chicken Sandwich or Hot Ham and Cheese Sub</p> <p>Corn, Fresh Broccoli, Applesauce & Banana</p> | <p><u>Breakfast</u> Sausage Egg and Cheese English Muffin Banana & Fruit Juice</p> <p><u>Lunch</u> Chicken Leg w/ Corn Muffin or Bosco Sticks</p> <p>Sweet Potatoes, Green Beans, Peaches & Orange</p> | <p><u>Breakfast</u> Cinnamon Rolls w/ Cheese Stick Dried Fruit & Fruit Cup</p> <p><u>Lunch</u> Mac and Cheese Bar or Chicken Sandwich</p> <p>Roasted Broccoli, Peas, Apple & Pears</p> | <p><u>Breakfast</u> Donut Mixed Fruit & Fruit Juice</p> <p><u>Lunch</u> Pizza</p> <p>Romaine Salad, Fresh Veggies & Mixed Fruit</p> |
| <i>Monday 15th</i> | <i>Tuesday 16th</i> | <i>Wednesday 17th</i> | <i>Thursday 18th</i> | <i>Friday 19th</i> |
| <p><u>Breakfast</u> French Toast w/ Sausage Patty Applesauce & Fruit Juice</p> <p><u>Lunch</u> Taco Mac and Cheese or Bosco Sticks</p> <p>Green Beans, Fresh Broccoli, Carrots, Applesauce & Pineapple</p> | <p><u>Breakfast</u> Breakfast Burrito Dried Fruit & Fruit Cup</p> <p><u>Lunch</u> Grilled Cheese or Chicken Sandwich</p> <p>Tomato Soup, Cheesy Broccoli, Mandarin Orange & Banana</p> | <p><u>Breakfast</u> Chicken Biscuit Apple & Fruit Juice</p> <p><u>Lunch</u> Baked Potato Bar or Bosco Sticks</p> <p>Celery, Carrots, Orange & Apples</p> | <p><u>Breakfast</u> Banana Bread w/ Cheese Stick Dried Fruit & Fruit Cup</p> <p><u>Lunch</u> Salisbury Steak w/ Roll or Chicken Bacon Ranch Wrap</p> <p>Mashed Potatoes w/ Gravy, Corn, Pears & Peaches</p> | <p><u>Breakfast</u> Donut Mixed Fruit & Fruit Juice</p> <p><u>Lunch</u> Pizza</p> <p>Romaine Salad, Fresh Veggies & Mixed Fruit</p> |
| <i>Monday 22nd</i> | <i>Tuesday 23rd</i> | <i>Wednesday 24th</i> | <i>Thursday 25th</i> | <i>Friday 26th</i> |
| <p><u>Breakfast</u> Breakfast Pizza Pineapple & Fruit Juice</p> <p><u>Lunch</u> Chicken Tenders w/ Breadstick or Bosco Sticks</p> <p>Sweet Potatoes, Peas, Pineapple & Applesauce</p> | <p><u>Breakfast</u> Muffins w/ Cheese Stick Dried Fruit & Fruit Cup</p> <p><u>Lunch</u> Beef Nachos or Chicken Sandwich</p> <p>Corn, Refried Beans, Mandarin Oranges & Banana</p> | <p><u>Breakfast</u> Sausage Egg and Cheese English Muffin Banana & Fruit Juice</p> <p><u>Lunch</u> Chicken and Noodles or Bosco Stick</p> <p>Mashed Potatoes, Green Beans, Peaches & Orange</p> | <p><u>Breakfast</u> Cinnamon Rolls w/ Cheese Stick Dried Fruit & Fruit Cup</p> <p><u>Lunch</u> Chicken Sandwich or Hot Ham and Cheese Sub</p> <p>Fries ,Peas, Pears & Apple</p> | <p><u>Breakfast</u> Donut Mixed Fruit & Fruit Juice</p> <p><u>Lunch</u> Pizza</p> <p>Romaine Salad, Fresh Veggies & Mixed Fruit</p> |
| <i>Monday 29th</i> | <i>Tuesday 30th</i> | <i>Wednesday 31st</i> | <i>Thursday 1th</i> | <i>Friday 2nd</i> |
| <p><u>Breakfast</u> French Toast w/ Sausage Patty Applesauce & Fruit Juice</p> <p><u>Lunch</u> KFC Bowl w/ Biscuit or Bosco Sticks</p> <p>Mashed Potatoes, Corn, Celery, Applesauce & Pineapple</p> | <p><u>Breakfast</u> Breakfast Burrito Dried Fruit & Fruit Cup</p> <p><u>Lunch</u> Mini Corn Dogs or Chicken Sandwich</p> <p>Mac and Cheese, California Blend, Peas, Orange and Peaches</p> | <p><u>Breakfast</u> Chicken Biscuit Apple & Fruit Juice</p> <p><u>Lunch</u> Tony's Pizza or Turkey and Cheese Sub</p> <p>Sweet Potato, Cucumber, Banana & Apple</p> | <p><u>Breakfast</u> Banana Bread Dried Fruit & Fruit Cup</p> <p><u>Lunch</u> Orange Chicken w/ Rice or BBQ Pulled Pork Wrap</p> <p>Steamed Broccoli, Carrots, Mandarin Oranges & Pears</p> | <p><u>Breakfast</u> Donut Mixed Fruit & Fruit Juice</p> <p><u>Lunch</u> Loaded Fries w/ Graham Cookie</p> <p>Romaine Salad, Fresh Veggies & Mixed Fruit</p> |

Menu is Subject to Change. This institution is an equal opportunity provider.